



Main Menu

Week 2: Summer 2016



Monday	<u>Lunch</u> Lamb and red lentil curry served with wholegrain basmati rice Apple & pear slices	<u>Tea</u> Homemade sundried tomato and mozzarella pinwheels served with homemade apple coleslaw Vanilla fromage frais
Tuesday	<u>Lunch</u> Chicken and smoked paprika jambalaya Homemade blueberry oat slice	<u>Tea</u> Alphabet pasta vegetable soup served with wholemeal bread Melon and pineapple salad
Wednesday	<u>Lunch</u> Chilli beef enchiladas served with an avocado salad and yogurt and mint sauce Nectarine wedges and grapes	<u>Tea</u> Ham, potato and chive salad with pepper sticks Fruity fromage frais cake
Thursday	<u>Lunch</u> Creamy mushroom tagliatelle pasta served with garlic bread Natural organic yoghurt with fresh strawberry puree	<u>Tea</u> Rice salad with Cajun spiced chicken, sweetcorn and red onion Banana slices and dried dates
Friday	<u>Lunch</u> Roast chicken breast, roast potatoes, fresh broccoli and carrots served with gravy Orange wedges and mango slices	<u>Tea</u> Homemade cheese and chive bread served with spaghetti hoops. Fruit Jelly